Data at Rest

Return to Glossary

Data at Rest refers to data stored on a device or backup medium in any form. It is data at rest is inactive data not currently being transmitted across a network or actively being read or processed and is in a stable state. It is not traveling within the system or network, and it is not being acted upon by any application or the Central Processing Unit (CPU).

- **Note:** Data at Rest needs to be covered by a dataretentionpolicy.

Source: Data at Rest

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